**Camp Packing List**

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| **Item** | **Qty** | **Remarks** |
| Full Brigade Uniform | 1 set |  |
| Shoe polishing kit | 1 set |  |
| PT Kit | 3 sets | Standardised within the course; Excludes the set you wear into camp; Non-DHS shorts are allowed IF they are blue/black-coloured and not FBT |
| Black socks | 4 pairs |  |
| Undergarments | - |  |
| Toothpaste and Toothbrush | 1 set |  |
| Shampoo and Body Wash | 1 set |  |
| Toilet Roll | 1 full roll |  |
| Towel | 1 |  |
| Slippers | 1 pair |  |
| Army Poncho | 1 | For wet weather during hike |
| Track Pants | 1 pair | For hike |
| Haversack/Backpack | 1 | Must be approved for hike |
| Shoes | 1 pair | Must be approved for hike; Excludes the pair that you will be wearing normally |
| 1.5l bottles | 2 | Labelled\* |
| Zone 8 bottle | 1 | Labelled\* |
| Fork and Spoon | 1 set | Labelled\* |
| Writing Materials | - | At least 1 pen and 1 pencil |
| Torchlight | 1 | Functional with batteries/Additional batteries  Labelled\* |
| Thermometer | 1 | Functional with batteries/Additional batteries  Labelled\* |
| Camp and Course manuals | 1 |  |
| Sleeping Bag | 1 |  |
| Plastic/ziplock bags | - | For containing dirty clothing |
| Insect Repellent | - |  |
| Personal Medication | - | Label\* with details of the medication |
| Newspapers | - | 2cm in height when stacked |

\*Labelled with “JNCO TRANIEE LCP [FULL NAME], “TEAM [TEAM NAME]” and “SERVE WITH PRIDE” in block letters. All labels are to be waterproof (scotch tape would suffice).

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| **Optional Items**:   * Jacket/Sweater * Body Powder * Sunblock * Hand Sanitiser * Face Towel (for drying of sweat during hike) | **Group items**:   * 1 Can opener * 2 Groundsheets * 4 rags * Wet wipes |

\*All trainees are to note that there will be NO sharing of items and valuable items are brought with their own risks and responsibilities.