

# Camp Packing List

Item	Qty	Remarks
Full Brigade Uniform	1 set	
Shoe polishing kit	1 set	
PT Kit	3 sets	Standardised within the course; Excludes the set you wear into camp; Non-DHS shorts are allowed IF they are blue/black-coloured and not FBT
Black socks	4 pairs	
Undergarments	-	
Toothpaste and Toothbrush	1 set	
Shampoo and Body Wash	1 set	
Toilet Roll	1 full roll	
Towel	1	
Slippers	1 pair	
Army Poncho	1	For wet weather during hike
Track Pants	1 pair	For hike
Haversack/Backpack	1	Must be approved for hike
Shoes	1 pair	Must be approved for hike; Excludes the pair that you will be wearing normally
1.5l bottles	2	Labelled with name and team
Zone 8 bottle	1	Labelled with name and team
Fork and Spoon	1 set	Labelled with name and team
Writing Materials	-	At least 1 pen and 1 pencil
Torchlight	1	Functional with batteries
Thermometer	1	Functional with batteries
Camp and Course manuals	1	
Sleeping Bag	1	
Plastic/ziplock bags	-	For containing dirty clothing
Insect Repellent	-	
Personal Medication	-	Label with details of the medication
Newspapers	-	2cm in height when stacked

## Optional Items:

- Jacket/Sweater
- Body Powder
- Sunblock
- Hand Sanitiser
- Face Towel (for drying of sweat during hike)

## Group items:

- 1 Can opener
- 2 Groundsheets
- 4 rags
- Wet wipes